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INSTRUCTIONS FOLLOWING YOUR ROOT CANAL TREATMENT

- 1. There is only a temporary filling in your tooth, so please be gentle.**
- 2. Please avoid chewing on the treated tooth, until your general dentist completes the permanent restoration.**
- 3. DO NOT CHEW ANYTHING STICKY OR GUMMY.**
- 4. Do not eat for two hours following the treatment. Avoid drinking anything HOT until the numbness wears off.**
- 5. It is not uncommon to have some discomfort following root canal therapy. This soreness may last 7-10 days, so please be gentle with your tooth and chew on the opposite side.
This discomfort can generally be controlled by taking 600 mg Ibuprofen, Advil or Motrin every 6-hours.
****IF YOU CANNOT TAKE IBUPROFEN, TYLENOL CAN BE USED****
- 6. Please call if you experience extreme pain, sensitivity, swelling or have any unanswered questions.**

Patient's/Parent Signature

Date

Treating Dentist

Date